

Wednesday, October 2, 2024

Chair Yoga at The River Den, Isabel Morris Park, Lakefield

Date and Time: Wednesday, October 2 11:00 am

Address: Box 885, Lakefield, ON K0L 2H0

Feature Image:

In this "pay-what-you-can" class (suggested \$5-\$15/class), Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or standing with the support of a chair. Getting down onto the floor is not required as with traditional yoga classes.

Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. We will have fun!

Tracey aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.

This class is held on Wednesdays, 11:00-11:45 a.m. at The River Den, Isabel Morris Park, Lakefield. Please contact Tracey to register as space is limited.

Saturday, October 5, 2024

50th Anniversary Celebration

Date and Time: Saturday, October 5 10:00 am - 2:00 pm

Address: 32 Queen St., Lakefield

Feature Image:

Monday, October 7, 2024

Property Tax Due Date: October Instalment

Date and Time: Monday, October 7 8:30 am - 4:30 pm

Address: 1310 Centre Line

REMINDER: Property Tax Installment due Monday, October 7, 2024.

You can pay your property taxes online, in person at our office (1310 Centre Line) or automatically with your Pre-Authorized payment plan.

For more information on your property taxes please visit: https://www.selwyntownship.ca/en/township-hall/tax-information.aspx?_mid_=79945&fbclid=IwAR12VA2kjc9ZGeUuxzwrHelFQwGTn0LXYAXJJzQPtaQ2m-t-rJDGET7R92o

Tuesday, October 8, 2024

Lakefield Horticultural Society October Meeting: Rain Gardens with Laura Keresztesi

Date and Time: Tuesday, October 8 7:00 pm - 9:00 pm

Address: Box #1390 Lakefield, ON K0L 2H0

Feature Image:

Do you ever worry about flooding when it rains? Curious about what happens to rain after it hits the ground? Interested in techniques to reduce runoff and keep water clean? As climate change progresses, so too do more frequent and high-volume rain storms. Laura will share information on designing and installing rain gardens. These gardens can be both practical and beautiful!

Wednesday, October 9, 2024

Chair Yoga at The River Den, Isabel Morris Park, Lakefield

Date and Time: Wednesday, October 9 11:00 am

Address: Box 885, Lakefield, ON K0L 2H0

Feature Image:

In this "pay-what-you-can" class (suggested \$5-\$15/class), Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or standing with the support of a chair. Getting down onto the floor is not required as with traditional yoga classes.

Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. We will have fun!

Tracey aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthy lifestyle.

healthier and more vibrant lifestyle.

There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.

This class is held on Wednesdays, 11:00-11:45 a.m. at The River Den, Isabel Morris Park, Lakefield. Please contact Tracey to register as space is limited.

Saturday, October 12, 2024

Harvest Craft Show

Date and Time: Saturday, October 12 10:00 am - 5:00 pm

Address: 1782 Lakehurst Road

Feature Image:

It's time to start your holiday shopping! 85 artisans will be at the Harvest Craft Show at the Buckhorn Community Centre on Thanksgiving weekend. Admission is \$5 and children 12 and under are admitted free. Visit www.buckhorncommunitycentre.com for more information.

Sunday, October 13, 2024

Harvest Craft Show

Date and Time: Sunday, October 13 10:00 am - 4:00 pm

Address: 1782 Lakehurst Road

Feature Image:

Come out to the Buckhorn Community Centre on Thanksgiving weekend for the Harvest Craft Show. There are 85 artisans offering up many items that will make you happy. Admission is \$5 and children 12 and under are admitted free. Visit www.buckhorncommunitycentre.com for more information.

Wednesday, October 16, 2024

Chair Yoga at The River Den, Isabel Morris Park, Lakefield

Date and Time: Wednesday, October 16 11:00 am

Address: Box 885, Lakefield, ON K0L 2H0

Feature Image:

In this "pay-what-you-can" class (suggested \$5-\$15/class), Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or standing with the support of a chair. Getting down onto the floor is not required as with traditional yoga classes.

Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. We will have fun!

Tracey aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.

This class is held on Wednesdays, 11:00-11:45 a.m. at The River Den, Isabel Morris Park, Lakefield. Please contact Tracey to register as space is limited.

Friday, October 18, 2024

Volunteer Fair: Meet Your Match

Date and Time: Friday, October 18 3:30 pm - 7:30 pm

Address: 836 Charles St. Bridgenorth, ON K0L 1H0

Feature Image:

Plan to join Volunteer Peterborough for the Township of Selwyn Meet Your Match Volunteer Fair! This event will bring together local agencies and hundreds of volunteers seeking places to donate their time and talents.

Get your agency in front of hundreds of community members and high school students looking to find the exciting roles you seek to fill. We have designed this event to bring in people after school and work. We would love to see you there at the Bridgenorth Community Hall!

If you and your organization are interested in attending and paying for a booth, [purchase one today](#).

Wednesday, October 23, 2024

Chair Yoga at The River Den, Isabel Morris Park, Lakefield

Date and Time: Wednesday, October 23 11:00 am

Address: Box 885, Lakefield, ON K0L 2H0

Feature Image:

In this "pay-what-you-can" class (suggested \$5-\$15/class), Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or standing with the support of a chair. Getting down onto the floor is not required as with traditional yoga classes.

Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. We will have fun!

Tracey aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.

This class is held on Wednesdays, 11:00-11:45 a.m. at The River Den, Isabel Morris Park, Lakefield. Please contact Tracey to register as space is limited.

Friday, October 25, 2024

Winter Clothing Drive

Date and Time: Friday, October 25 10:00 am - 1:00 pm

Address: Marshland Centre, 64 Hague Boulevard, Lakefield

Feature Image:

It is time to declutter your closet . We are looking for gently used or new winter wear (mittens, scarves, gloves, boots, jackets, snow pants) for our Annual Winter Clothing Drive for the Lakefield Community Food Bank. Ask your friends and family as well. PLEASE HELP KEEP OUR COMMUNITY WARM !

We will be accepting these items on Friday October 25th from 10 am to 1 pm at the Marshland Centre at 64 Hague Boulevard in Lakefield.

If you have any questions or can't make the drop-off time and need a pickup please contact either Sharon 416-303-0024 or Sandra at 416-809-0855.

Saturday, October 26, 2024

Try Curling at Ennismore Curling Club!

Date and Time: Saturday, October 26 1:00 pm - 4:00 pm

Address: 555 Ennis Road, Ennismore, ON K0L 1T0

Everyone aged 5 and up are welcome to our free Try Curling event on Saturday, October 26, 2024 from 1:00 -

4:00 pm at the Ennismore Curling Club. We are located at 555 Ennis Road. For those of you who are new to curling you should know that we play on an ice surface. Please come prepared by wearing layers of comfy clothing that will keep you warm and allow you to stretch. Gloves or mittens are a must to keep your hands warm. A winter sports helmet is recommended. Bring clean indoor running shoes with good tread. Children aged 5 - 17 should be accompanied by an adult and must wear a winter sports helmet. Safety waiver forms will be available to complete upon arrival. Our wonderful volunteers will be on hand to provide instruction and the necessary gear to play. We also have equipment such as stabilizers and sticks available for anyone requiring support when delivering the rock. Please register on line. We look forward to meeting you and introducing you to the sport we all love!

Monday, October 28, 2024

Public Open House: Strategic Plan & Recreation Services Plan Update

Date and Time: Monday, October 28 5:00 pm - 7:00 pm

Address: 1310 Centre Line

Join the Public Open House and provide your feedback to Council and Staff! Drop in on Monday, October 28th, 2024, between 5:00-7:00 pm to Council Chamber in the lower level of the Municipal Office (1310 Centre Line, Selwyn).

Wednesday, October 30, 2024

Chair Yoga at The River Den, Isabel Morris Park, Lakefield

Date and Time: Wednesday, October 30 11:00 am

Address: Box 885, Lakefield, ON K0L 2H0

Feature Image:

In this "pay-what-you-can" class (suggested \$5-\$15/class), Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or standing with the support of a chair. Getting down onto the floor is not required as with traditional yoga classes.

Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. We will have fun!

Tracey aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.

This class is held on Wednesdays, 11:00-11:45 a.m. at The River Den, Isabel Morris Park, Lakefield. Please contact Tracey to register as space is limited.

Thursday, October 31, 2024

Halloween Trunk or Treat!

Date and Time: Thursday, October 31 4:00 pm - 7:00 pm

Address: Paul J. English Chemung Lions Park (Parking Lot) - 710 Red Pine Lane - Bridgnorth, ON

Feature Image:

Join us for our **TRUNK OR TREAT** presented by [The Magic Maker - Designs & Treats](#), in support of Lakefield Community Foodbank!

A twist on traditional trick or treating, children will go from trunk to trunk to collect candy instead of door to door. There are many other activities taking place besides trick or treating! Suitable for kids of all ages.

Starting at 4pm, there will be food, a bake sale table, games & prizes, cupcake decorating, snacks & treats ect, at 4:30 trick or treating will start!

Trunk decorating contest & Costume contest with 3 prizes for the most creativity!

Entry and events are by cash donation/non-perishable food items or baby items to be donated to Lakefield Community Food Bank!

To participate as a "TRUNKER" please fill out this form [here!](#)

To participate as a "VOLUNTEER" please fill out this form [here!](#)

For further information please contact Kelsey Dow-Johnson by email - kelsey.dowjohnsoninc@gmail.com

Have a Happy & Safe Halloween!

<https://events.selwyntownship.ca>