

Monday, October 2, 2023

Yin Yoga 12-Week Class Series

Date and Time: Monday, October 2 5:30 pm - 6:30 pm

Address: The River Den, Isabel Morris Park, Lakefield

- **Yin Yoga 12-week class series, \$210 + HST @ The River Den, Isabel Morris Park, Lakefield - accessible and parking.**

Please contact Tracey for more information and to register. Pre-registration is required. See below for the class description

Join Experienced Registered Yoga Teacher, Tracey Drake for this delicious yoga practice. A meditative, non-muscular practice. Postures are held for several minutes to feel deep physical and possibly emotional ease. A wonderful practice to improve or maintain flexibility and mobility. Full body and mind nourishment - this practice will leave you de-stressed and relaxed. (A great complimentary practice for runners, cyclists, etc.) Suitable for all abilities.

Line Dancing

Date and Time: Monday, October 2 6:30 pm - 8:30 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Mondays from 6:30-8:30PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Gentle/Beginners Yoga - A 6-week class series

Date and Time: Monday, October 2 6:45 pm - 7:45 pm

Address: The River Den, Isabel Morris Park, Lakefield

Gentle/Beginners Yoga - 6-Week Class Series

The River Den, Isabel Morris Park, Lakefield. Accessible and parking. No experience needed.

Monday, Sept. 18 to Oct. 30, 2023, 6:45 - 7:45 p.m. \$105 + HST

Please contact Tracey for more information and to register. Pre-registration is required. Join anytime, pro-rated.

This class, led by Experienced Registered Yoga Teacher, Tracey Drake is suitable for people new to yoga or those wanting a gentler practice. Over the 6-week series we will explore the foundation physical shapes, breathing practices and deep relaxation techniques. Chairs are available for anyone wanting to practice on or with the support of a chair. No experience is needed. This in-person class is held at The River Den, Isabel Morris Park, Lakefield, a fully accessible building with parking.

Tuesday, October 3, 2023

Tai Chi

Date and Time: Tuesday, October 3 9:00 am - 11:00 am

Address: Bridgenorth Community Hall (beside the Library) 836 Charles Street, Bridgenorth

Do you want to try something new or renew an old skill? Join us Tuesday mornings for Tai Chi! A friendly group who continue to learn and enjoy each others company! Cost is \$15.00 per month.

Wednesday, October 4, 2023

Line Dancing

Date and Time: Wednesday, October 4 10:00 am - 12:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Wednesdays from 10:00AM-12:00 Noon.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Thursday, October 5, 2023

Lakefield Farmers' Market

Date and Time: Thursday, October 5 9:00 am - 1:00 pm

Address: 20 Concession Street, Lakefield ON

Feature Image:

The Lakefield Farmers' Market runs every Thursday, 9 a.m. - 1 p.m., rain or shine, from Victoria Day until Thanksgiving, behind the Lakefield-Smith Community Centre.

Visit the Farmers' Market for Artisans, Lunches & Prepared Food, Fruits & Vegetables, Meat, Fresh Baking, Wine, and more!

My Pick Verified

See you at the Market!

Line Dancing for Beginners

Date and Time: Thursday, October 5 6:30 pm - 8:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing for Beginners in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Thursdays from 6:30-8:00PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Saturday, October 7, 2023

Harvest Craft Show

Date and Time: Saturday, October 7 10:00 am - 5:00 pm

Address: Buckhorn Community Centre (1782 Lakehurst Road, Buckhorn)

The Buckhorn Community Centre will host more than 65 artisans on Thanksgiving Weekend for the annual Harvest Craft Show. Pick up a unique gift or something for yourself from the wide range of hand-crafted items including clothing, jewellery, home decor and much more.

The show runs:

- Saturday, October 7 from 10am to 5pm;
- Sunday, October 8 from 10am to 4pm; and
- Monday, October 9 from 10am to 3pm.

Find out more at www.buckhorncommunitycentre.com.

Sunday, October 8, 2023

Harvest Craft Show

Date and Time: Sunday, October 8 10:00 am - 4:00 pm

Address: Buckhorn Community Centre (1782 Lakehurst Road, Buckhorn)

The Buckhorn Community Centre will host more than 65 artisans on Thanksgiving Weekend for the annual Harvest Craft Show. Pick up a unique gift or something for yourself from the wide range of hand-crafted items including clothing, jewellery, home decor and much more.

The show runs:

- Saturday, October 7 from 10am to 5pm;
- Sunday, October 8 from 10am to 4pm; and
- Monday, October 9 from 10am to 3pm.

Find out more at www.buckhorncommunitycentre.com.

Monday, October 9, 2023

Harvest Craft Show

Date and Time: Monday, October 9 10:00 am - 3:00 pm

Address: Buckhorn Community Centre (1782 Lakehurst Road, Buckhorn)

The Buckhorn Community Centre will host more than 65 artisans on Thanksgiving Weekend for the annual Harvest Craft Show. Pick up a unique gift or something for yourself from the wide range of hand-crafted items including clothing, jewellery, home decor and much more.

The show runs:

- Saturday, October 7 from 10am to 5pm;
- Sunday, October 8 from 10am to 4pm; and
- Monday, October 9 from 10am to 3pm.

Find out more at www.buckhorncommunitycentre.com.

Tuesday, October 10, 2023

Tai Chi

Date and Time: Tuesday, October 10 9:00 am - 11:00 am

Address: Bridgenorth Community Hall (beside the Library) 836 Charles Street, Bridgenorth

Do you want to try something new or renew an old skill? Join us Tuesday mornings for Tai Chi! A friendly group who continue to learn and enjoy each others company! Cost is \$15.00 per month.

Wednesday, October 11, 2023

Line Dancing

Date and Time: Wednesday, October 11 10:00 am - 12:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Wednesdays from 10:00AM-12:00 Noon.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Ink Printing & Botanical Collage with Holly Edwards

Date and Time: Wednesday, October 11 10:00 am - 1:00 pm

Address: SPL Makerspace, 1 Bridge Street, Lakefield

During a 3 hour class participants will learn how to make botanical collage papers using Gelli plates, water-based inks, and floral pieces. You will then construct collages using the papers created, addition collage papers, and prints on a piece of wood.

This class is appropriate for beginners and no prior experience with ink printing is required.

\$30 paid in-person or online. **Registration is required to attend this program.**

Thursday, October 12, 2023

Ink Printing & Botanical Collage with Holly Edwards

Date and Time: Thursday, October 12 6:00 pm - 9:00 pm

Address: SPL Makerspace, 1 Bridge Street, Lakefield

During a 3 hour class participants will learn how to make botanical collage papers using Gelli plates, water-based inks, and floral pieces. You will then construct collages using the papers created, addition collage papers, and prints on a piece of wood.

This class is appropriate for beginners and no prior experience with ink printing is required.

\$30 paid in-person or online. **Registration is required to attend this program.**

Line Dancing for Beginners

Date and Time: Thursday, October 12 6:30 pm - 8:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing for Beginners in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Thursdays from 6:30-8:00PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Monday, October 16, 2023

Community Care: Flu Shot Clinic

Date and Time: Monday, October 16 8:00 am - 12:00 pm

Address: Community Care Lakefield (40 Rabbit Street, Lakefield)

Monday, October 16, 2023

Drop-in between 8 am to Noon.

Please bring your health card. Call 705-652-8655 for further information.

Yin Yoga 12-Week Class Series

Date and Time: Monday, October 16 5:30 pm - 6:30 pm

Address: The River Den, Isabel Morris Park, Lakefield

- **Yin Yoga 12-week class series, \$210 + HST @ The River Den, Isabel Morris Park, Lakefield - accessible and parking.**

Please contact Tracey for more information and to register. Pre-registration is required. See below for the class description

Join Experienced Registered Yoga Teacher, Tracey Drake for this delicious yoga practice. A meditative, non-muscular practice. Postures are held for several minutes to feel deep physical and possibly emotional ease. A wonderful practice to improve or maintain flexibility and mobility. Full body and mind nourishment - this practice will leave you de-stressed and relaxed. (A great complimentary practice for runners, cyclists, etc.) Suitable for all abilities.

Line Dancing

Date and Time: Monday, October 16 6:30 pm - 8:30 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Mondays from 6:30-8:30PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Gentle/Beginners Yoga - A 6-week class series

Date and Time: Monday, October 16 6:45 pm - 7:45 pm

Address: The River Den, Isabel Morris Park, Lakefield

Gentle/Beginners Yoga - 6-Week Class Series

The River Den, Isabel Morris Park, Lakefield. Accessible and parking. No experience needed.

Monday, Sept. 18 to Oct. 30, 2023, 6:45 - 7:45 p.m. \$105 + HST

Please contact Tracey for more information and to register. Pre-registration is required. Join anytime, pro-rated.

This class, led by Experienced Registered Yoga Teacher, Tracey Drake is suitable for people new to yoga or those wanting a gentler practice. Over the 6-week series we will explore the foundation physical shapes, breathing practices and deep relaxation techniques. Chairs are available for anyone wanting to practice on or with the support of a chair. No experience is needed. This in-person class is held at The River Den, Isabel Morris Park, Lakefield, a fully accessible building with parking.

Tuesday, October 17, 2023

Tai Chi

Date and Time: Tuesday, October 17 9:00 am - 11:00 am

Address: Bridgenorth Community Hall (beside the Library) 836 Charles Street, Bridgenorth

Do you want to try something new or renew an old skill? Join us Tuesday mornings for Tai Chi! A friendly group who continue to learn and enjoy each others company! Cost is \$15.00 per month.

COVID-19 Vaccination Clinic for Residents 6 Months & Older

Date and Time: Tuesday, October 17 9:30 am - 4:00 pm

Address: Lakefield-Smith Community Centre (20 Concession Street, Lakefield ON)

Feature Image:

COVID-19 Vaccination Clinic for Residents 6 Months & Older

Tuesday, October 17, 2023

Lakefield-Smith Community Centre (20 Concession Street, Lakefield ON)

- 9:30am-4:00pm: Ages 12+
- 9:30am-12:30pm: Ages 6 months to under 5
- 12:30pm-4:00pm: Ages 5-11.

Appointments must be booked in advance at ontario.ca/book-vaccine or by calling 1-833-943-3900

Wednesday, October 18, 2023

Line Dancing

Date and Time: Wednesday, October 18 10:00 am - 12:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Wednesdays from 10:00AM-12:00 Noon.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Thursday, October 19, 2023

Line Dancing for Beginners

Date and Time: Thursday, October 19 6:30 pm - 8:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing for Beginners in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Thursdays from 6:30-8:00PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Ennismore Garden Club - October Meeting

Date and Time: Thursday, October 19 7:00 pm - 8:30 pm

Address: Ennismore Optimist Hall (lower level of the Ennismore Library), 545 Ennis Road, Ennismore ON

The Ennismore Garden Club's October meeting will include a presentation on 'Hugelkultur Gardening'. Stephanie Kidd from the Red Brick Garden Company will speak to us about Hugelkultur gardening - a centuries old way of building your garden on old brush and garden debris. Simply put, it is the ultimate raised garden bed.

Social time begins: 6:30PM

Meeting begins: 7:00PM

Saturday, October 21, 2023

Pumpkin Festival presented by St. John The Baptist Anglican Church

Date and Time: Saturday, October 21 10:00 am - 6:00 pm

Address: 81 Queen St, Lakefield, ON K0L 2H0

- Pumpkins for sale
- Children's Activities
- Bake Table
- Craft Table
- Treasure Trove

Sunday, October 22, 2023

Ennismore Line Dancers present "The Witch Dance" for Bridgenorth Food Bank

Date and Time: Sunday, October 22 2:00 pm - 3:00 pm

Address: Bridgenorth Lions Park (Next to Tim Hortons)

Presented by Ennismore Line Dancers. Dress up with the other 55 witches!

Admission: Free - donations for the Food Bank appreciated

Ennismore Line Dancers present "The Witch Dance" for Bridgenorth Food Bank

Date and Time: Sunday, October 22 2:00 pm - 3:00 pm

Address: Bridgenorth Lions Park (Next to Tim Hortons)

Presented by Ennismore Line Dancers. Dress up with the other 55 witches!

Admission: Free - donations for the Food Bank appreciated

Witch Dance

Date and Time: Sunday, October 22 2:00 pm - 3:00 pm

Address: Paul J. English Chemung Lions Park (410 Red Pine Lane, Bridgenorth)

Join the Witch Dance on Sunday, October 22nd from 2:00-3:00PM at the Paul J. English Chemung Lions Park

Cost: Non-perishable food item donation to the Bridgenorth Food Bank!

Monday, October 23, 2023

Yin Yoga 12-Week Class Series

Date and Time: Monday, October 23 5:30 pm - 6:30 pm

Address: The River Den, Isabel Morris Park, Lakefield

- **Yin Yoga 12-week class series, \$210 + HST @ The River Den, Isabel Morris Park, Lakefield - accessible and parking.**

Please contact Tracey for more information and to register. Pre-registration is required. See below for the class description

Join Experienced Registered Yoga Teacher, Tracey Drake for this delicious yoga practice. A meditative, non-muscular practice. Postures are held for several minutes to feel deep physical and possibly emotional ease. A wonderful practice to improve or maintain flexibility and mobility. Full body and mind nourishment - this practice will leave you de-stressed and relaxed. (A great complimentary practice for runners, cyclists, etc.) Suitable for all abilities.

Line Dancing

Date and Time: Monday, October 23 6:30 pm - 8:30 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Mondays from 6:30-8:30PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Gentle/Beginners Yoga - A 6-week class series

Date and Time: Monday, October 23 6:45 pm - 7:45 pm

Address: The River Den, Isabel Morris Park, Lakefield

Gentle/Beginners Yoga - 6-Week Class Series

The River Den, Isabel Morris Park, Lakefield. Accessible and parking. No experience needed.

Monday, Sept. 18 to Oct. 30, 2023, 6:45 - 7:45 p.m. \$105 + HST

Please contact Tracey for more information and to register. Pre-registration is required. Join anytime, pro-rated.

This class, led by Experienced Registered Yoga Teacher, Tracey Drake is suitable for people new to yoga or those wanting a gentler practice. Over the 6-week series we will explore the foundation physical shapes, breathing practices and deep relaxation techniques. Chairs are available for anyone wanting to practice on or with the support of a chair. No experience is needed. This in-person class is held at The River Den, Isabel Morris Park, Lakefield, a fully accessible building with parking.

Tuesday, October 24, 2023

Tai Chi

Date and Time: Tuesday, October 24 9:00 am - 11:00 am

Address: Bridgenorth Community Hall (beside the Library) 836 Charles Street, Bridgenorth

Do you want to try something new or renew an old skill? Join us Tuesday mornings for Tai Chi! A friendly group who continue to learn and enjoy each others company! Cost is \$15.00 per month.

Wednesday, October 25, 2023

Line Dancing

Date and Time: Wednesday, October 25 10:00 am - 12:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Wednesdays from 10:00AM-12:00 Noon.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Thursday, October 26, 2023

Summit on Aging: Care for the Caregiver

Date and Time: Thursday, October 26 9:00 am - 4:00 pm

Address: 599 Brealey Dr., Peterborough, ON K9J 7B1

Feature Image:

The Summit on Aging is an annual event with a different theme each year. Participants attend workshops and visit exhibitors in the Information Village. This year the topic is **Care for the Caregiver**, and will be held at Fleming College.

If you are a caregiver who supports an older adult or a professional who supports caregivers, plan to attend this event.

Register as an attendee

Register for the event online at <https://forms.peterborough.ca/Age-Friendly-Peterborough/2023-Summit-on-Aging-Registration>

Sponsorship Information

If you are interested in supporting the 2023 Summit on Aging, please see the links below to register for a sponsorship opportunity.

[Information Village Sponsor](#)

[Workshop Sponsor](#)

[Not-for-Profit and For-Profit Sponsor](#)

Line Dancing for Beginners

Date and Time: Thursday, October 26 6:30 pm - 8:00 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing for Beginners in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Thursdays from 6:30-8:00PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Friday, October 27, 2023

Winter Clothing Drive

Date and Time: Friday, October 27 10:00 am - 1:00 pm

Address: Marshland Centre (64 Hague Boulevard, Lakefield, Ontario)

Feature Image:

Winter Clothing Drive

Time to declutter your closet. We are looking for gently used winter wear to keep our community warm. Jacket s, coats, snowsuits, snow pants, hats, mittens/gloves, scarves, boots...

Drop off location: Marshland Centre on Friday, October 27th from 10:00 am - 1:00 pm

The Lakefield Village Lions Club will be handing out winter apparel for men, women and children at the Lakefield Foodbank on Tuesday, October 31st.

Saturday, October 28, 2023

Home Energy Expo

Date and Time: Saturday, October 28 10:00 am - 4:00 pm

Address: Bridgenorth Library and Community Hall (836 Charles Street, Bridgenorth)

Feature Image:

Do you have questions about the options for heating and cooling your home? Do you want to understand the benefits of Electric Air Source Heat Pumps compared to natural gas heating? Would you like the opportunity to ask local experts and your neighbors who have lived experience? Would you like to understand the rebate programs? If so, you are not alone, and the Home Energy Expo is for you.

Join us on Saturday, October 28th from 10am to 4pm at the Bridgenorth Library and Community Hall and enjoy the following:

- Presentations throughout the day
- Main hall to ask personal questions of exhibitors
- Your neighbours will talk about their lived experience in improving the energy efficiency of their home while upgrading their heating and cooling systems
- A heat pump expert will explain how air-source heat pumps can save you money and are cheaper than gas heating.
- Enbridge will explain when gas heating makes sense
- Hydro One will explain the impacts on your electricity needs
- Selwyn Township will explain their actions and plans to combat climate change
- GreenUp will explain the energy audit process
- Local energy auditors will explain the importance of a home energy audit in the process
- Peterborough Kawartha Home Builders Association will explain building energy efficient homes
- Experts will explain building with zero embodied carbon materials
- A puppet show and other diversions for your young children
- Light refreshments

Try Curling at the Ennismore Curling Club!

Date and Time: Saturday, October 28 1:00 pm - 4:00 pm

Address: 555 Ennis Road, Ennismore, ON K0L 1T0

Try curling at the Ennismore Curling Club (555 Ennis Road, Ennismore) on Saturday, October 28th from 1-4pm! It's FREE and worth the visit!

The Ennismore Curling Club has a friendly group of volunteers to help you step out onto the sheet for the first time. They will introduce you to traditional curling techniques, including the use of assists or sticks for delivering the rocks. They provide all other equipment.

Please bring a clean pair of indoor running shoes to wear on the ice and wear comfortable clothing layers that will keep you warm and allow for stretching and movement. Also recommended, some type of protective winter sports headgear (mandatory for those under 19 years of age) such as hockey and snowboard helmets. No bike helmets please.

Visit www.ennismorecurlingclub.com or call 705-292-5200 or email Curlennismore@gmail.com for more information.

Monday, October 30, 2023

Yin Yoga 12-Week Class Series

Date and Time: Monday, October 30 5:30 pm - 6:30 pm

Address: The River Den, Isabel Morris Park, Lakefield

- **Yin Yoga 12-week class series, \$210 + HST @ The River Den, Isabel Morris Park, Lakefield - accessible and parking.**

Please contact Tracey for more information and to register. Pre-registration is required. See below for the class description

Join Experienced Registered Yoga Teacher, Tracey Drake for this delicious yoga practice. A meditative, non-muscular practice. Postures are held for several minutes to feel deep physical and possibly emotional ease. A wonderful practice to improve or maintain flexibility and mobility. Full body and mind nourishment - this practice will leave you de-stressed and relaxed. (A great complimentary practice for runners, cyclists, etc.) Suitable for all abilities.

Open House - Lily Lake Solar Farm - Battery Energy Storage Project

Date and Time: Monday, October 30 6:00 pm - 8:00 pm

Address: Bridgenorth Community Hall (836 Charles Street, Bridgenorth, ON)

Feature Image:

The Independent Electricity System Operator (IESO) has opened the Long Term 1 Request For Proposals (LT1 RFP) to procure over 2,500 MW of new energy capacity in Ontario.

Peterborough Utilities Inc. and Enfinite are planning to participate in the LT1 RFP by proposing a stand-alone 50 MW battery energy storage project at the Lily Lake Solar Farm in Selwyn Township, located at 394 Lily Lake Road.

We would like to invite everyone to an open house on October 30, 2023 from 6pm to 8pm at the Bridgenorth Community Hall (836 Charles Street, Bridgenorth, ON) to meet our project team and learn more about the proposed project. A short presentation will be made at 7pm.

Please consider attending as we continue to explore this exciting opportunity. You can read more about us and the project at www.peterboroughutilities.ca/lilylakebess

Line Dancing

Date and Time: Monday, October 30 6:30 pm - 8:30 pm

Address: Ennismore Community Centre (upper level), 553 Ennis Road, Ennismore ON

Enjoy Cathy's Line Dancing in the Ennismore Auditorium, upper level of the Ennismore Community Centre on Mondays from 6:30-8:30PM.

\$6.00 per class

Reach out to Cathy to reserve your spot!

Gentle/Beginners Yoga - A 6-week class series

Date and Time: Monday, October 30 6:45 pm - 7:45 pm

Address: The River Den, Isabel Morris Park, Lakefield

Gentle/Beginners Yoga - 6-Week Class Series

The River Den, Isabel Morris Park, Lakefield. Accessible and parking. No experience needed.

Monday, Sept. 18 to Oct. 30, 2023, 6:45 - 7:45 p.m. \$105 + HST

Please contact Tracey for more information and to register. Pre-registration is required. Join anytime, pro-rated.

This class, led by Experienced Registered Yoga Teacher, Tracey Drake is suitable for people new to yoga or those wanting a gentler practice. Over the 6-week series we will explore the foundation physical shapes, breathing practices and deep relaxation techniques. Chairs are available for anyone wanting to practice on or with the support of a chair. No experience is needed. This in-person class is held at The River Den, Isabel Morris Park, Lakefield, a fully accessible building with parking.

Tuesday, October 31, 2023

Tai Chi

Date and Time: Tuesday, October 31 9:00 am - 11:00 am

Address: Bridgenorth Community Hall (beside the Library) 836 Charles Street, Bridgenorth

Do you want to try something new or renew an old skill? Join us Tuesday mornings for Tai Chi! A friendly group who continue to learn and enjoy each others company! Cost is \$15.00 per month.

<https://events.selwyntownship.ca>