

## Thursday, May 1, 2025

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### Seedling Fundraiser

Date and Time: Thursday, May 1 8:30 am

Address: P.O. Box 1141 Lakefield, ON K0L 2H0

Feature Image:

Time to start thinking about planting needs for the spring. Our annual SEEDLING fundraiser has begun. An assortment of fruit, shrub and tree seedlings are available for purchase at \$15 each (NEW PRICE) and are a minimum of 2 years old.

Check out the poster for seedling choices and contact information.

We have brought back some old favourites, including our popular fruit bushes. We also have 5 new options, and yes, more deciduous trees and shrubs! Visit our Facebook page for more details on each seedling.

Order by May 12, pick up and pay on May 17 from 9 to 11 am at Kingdon U-Store It in Lakefield (beside Ultramar).

Proceeds will be used to support local organizations and families in need.

### Community Care: Zumba Gold

Date and Time: Thursday, May 1 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

Fun low-impact cardio dance moves designed for older adults

### Community Care: Bodies in Balance

Date and Time: Thursday, May 1 10:15 am - 10:45 am

Address: 549 Ennis Road, Ennismore

Strength, conditioning, balance, and gait training exercises that will lead to improved overall balance and stability, reducing the risk of future falling.

### Community Care: Chair Yoga Dance

Date and Time: Thursday, May 1 10:15 am - 11:15 am

Address: 549 Ennis Road, Ennismore

Uplifting dance inspired yoga class to improve memory, increase flexibility and improve overall balance and coordination. A fun way to tone your muscles and challenge your endurance

## Community Care: Chair Yoga

Date and Time: Thursday, May 1 11:30 am - 12:30 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability

## Friday, May 2, 2025

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### Community Care: Zumba Toning

Date and Time: Friday, May 2 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

- Enjoy all the fun of Zumba while strengthen and toning arms, legs, glutes, and core. Bring light hand weights

## Saturday, May 3, 2025

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### Spring Garage and Bake Sale

Date and Time: Saturday, May 3 8:00 am - 2:00 pm

Address: The River Den, 13 Water Street North, Lakefield (in Isabel Morris Park behind Lakefield Community Centre)

Feature Image:

Lakefield Village Lions Club is hosting a spring garage and bake sale on Saturday, May 3<sup>rd</sup> from 8 am to 2 pm at The River Den in Isabel Morris Park at 20 Concession Street in Lakefield.

Donations will be accepted on Fri. May 2<sup>nd</sup> at the River Den from 9 am to 1 pm (no large items, no furniture, gently used or new items only).

More details will be posted on our Facebook and Instagram pages.

Seedlings for our Seedling Fundraiser will also be available for pre-order at the garage sale. Funds raised will be used to support projects in our local community.

## Monday, May 5, 2025

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## Property Tax Due Date: May Installment

Date and Time: Monday, May 5 8:30 am

Address: 1310 Centre Line

## Seedling Fundraiser

Date and Time: Monday, May 5 8:30 am

Address: P.O. Box 1141 Lakefield, ON K0L 2H0

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Proceeds will be used to support local organizations and families in need.

## Tuesday, May 6, 2025

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### Community Care: Bodies in Balance

Date and Time: Tuesday, May 6 10:15 am - 10:45 am

Address: 549 Ennis Road, Ennismore

Strength, conditioning, balance, and gait training exercises that will lead to improved overall balance and stability, reducing the risk of future falling.

### Community Care: Chair Yoga

Date and Time: Tuesday, May 6 11:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability.

## **Community Care: Chair Yoga**

Date and Time: Tuesday, May 6 11:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability.

## **Community Care: Euchre Club - Progressive Drop in**

Date and Time: Tuesday, May 6 1:00 pm - 3:00 pm

Address: 549 Ennis Road, Ennismore

## **Community Care: Euchre Club - Progressive Drop in**

Date and Time: Tuesday, May 6 1:00 pm - 3:00 pm

Address: 549 Ennis Road, Ennismore

## **Thursday, May 8, 2025**

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## **Community Care: Zumba Gold**

Date and Time: Thursday, May 8 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

Fun low-impact cardio dance moves designed for older adults

## **Community Care: Chair Yoga Dance**

Date and Time: Thursday, May 8 10:15 am - 11:15 am

Address: 549 Ennis Road, Ennismore

Uplifting dance inspired yoga class to improve memory, increase flexibility and improve overall balance and coordination. A fun way to tone your muscles and challenge your endurance

## **Community Care: Chair Yoga**

Date and Time: Thursday, May 8 11:30 am - 12:30 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability

# Friday, May 9, 2025

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## Seedling Fundraiser

Date and Time: Friday, May 9 8:30 am

Address: P.O. Box 1141 Lakefield, ON K0L 2H0

Feature Image:

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Proceeds will be used to support local organizations and families in need.

## Community Care: Zumba Toning

Date and Time: Friday, May 9 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

- Enjoy all the fun of Zumba while strengthen and toning arms, legs, glutes, and core. Bring light hand weights

## Globus Theatre's Youth Winter Arts Showcase

Date and Time: Friday, May 9 8:00 pm

Address: 2300 Pigeon Lake Road

Feature Image:

Experience a powerful night of storytelling with *Ten for Ten*, a youth winter arts showcase featuring ten short plays. Each piece offers a fresh perspective on life's most profound themes—time, mortality, and the search for meaning—blending comedy and heart while challenging us to see the bigger picture. Don't miss this unforgettable evening of creativity and passion brought to life by the next generation of storytellers.

*\*The content within this showcase is best suited for ages 14+. Please use your discretion when deciding if it's appropriate for your child.*

## **Ticket Information**

**Show Time - 8pm**

**Adult Theatre: \$20**

**Student Theatre: \$10**

All tickets subject to HST and a \$2 ticket fee

All tickets include a \$2.50 per ticket fee towards our building fund

## **Saturday, May 10, 2025**

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### **Community Care: Wellness Café – Understanding Food Labels with Melissa McNamara from Ontario Health at Home**

Date and Time: Saturday, May 10 10:30 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

### **Saturday Night Disco Dance Trivia Party: Globus Theatre Fundraiser**

Date and Time: Saturday, May 10 8:00 pm - 11:55 pm

Address: 2300 Pigeon Lake Road

Feature Image:

Get ready to boogie and test your trivia skills at Globus Theatre's grooviest fundraiser! Our May fundraiser combines a funky Disco Dance with a fun-filled Trivia Night, plus a Toonie auction and raffle prizes. Put on your best disco attire, hit the dance floor, and compete for trivia glory - all while supporting a great cause!

## **Ticket Information**

**Trivia & Toonie Auction (with dance breaks) 8:00-9:30pm**

**Cheesy Disco & Raffle 9:30-midnight**

**\$20 Advance Tickets**

**\$25 At the Door**

All tickets subject to HST and a \$2 ticket fee

All tickets include a \$2.50 per ticket fee towards our building fund

## **Tuesday, May 13, 2025**

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### **Seedling Fundraiser**

Date and Time: Tuesday, May 13 8:30 am

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Proceeds will be used to support local organizations and families in need.

## **Community Care: Bodies in Balance**

Date and Time: Tuesday, May 13 10:15 am - 10:45 am

Address: 549 Ennis Road, Ennismore

Strength, conditioning, balance, and gait training exercises that will lead to improved overall balance and stability, reducing the risk of future falling.

## **Community Care: Chair Yoga**

Date and Time: Tuesday, May 13 11:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability.

## **Community Care: Euchre Club - Progressive Drop in**

Date and Time: Tuesday, May 13 1:00 pm - 3:00 pm

Address: 549 Ennis Road, Ennismore

## **Wednesday, May 14, 2025**

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## **Chair (and Brain) Yoga at The River Den, Isabel Morris Park, Lakefieldddd**

Date and Time: Wednesday, May 14 11:15 am - 12:00 pm

Address: Box 885, Lakefield, ON K0L 2H0

Please join Tracey in this popular chair yoga class at The River Den, Isabel Morris Park, Lakefield. This is a "pay-what-you-can" class - suggested \$5-\$15/class. Space is limited, so please contact Tracey by phone or email to secure your spot.

In this class, Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or with the support of a chair. Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. In addition, as a certified Brain Longevity™ Specialist, Tracey will introduce you to "Brain Yoga" and meditation. We will have fun!

This Chair Yoga series aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

This four-week series will end June 11, 2025. However, classes will resume on September 24, 2025!

**There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.**

## Thursday, May 15, 2025

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### Community Care: Zumba Gold

Date and Time: Thursday, May 15 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

Fun low-impact cardio dance moves designed for older adults

### Community Care: Chair Yoga Dance

Date and Time: Thursday, May 15 10:15 am - 11:15 am

Address: 549 Ennis Road, Ennismore

Uplifting dance inspired yoga class to improve memory, increase flexibility and improve overall balance and coordination. A fun way to tone your muscles and challenge your endurance

### Community Care: Chair Yoga

Date and Time: Thursday, May 15 11:30 am - 12:30 pm

Address: 549 Ennis Road, Ennismore



## Friday, May 16, 2025

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### Community Care: Zumba Toning

Date and Time: Friday, May 16 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

- Enjoy all the fun of Zumba while strengthen and toning arms, legs, glutes, and core. Bring light hand weights

## Saturday, May 17, 2025

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### Seedling Fundraiser

Date and Time: Saturday, May 17 8:30 am

Address: P.O. Box 1141 Lakefield, ON K0L 2H0

Feature Image:

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Proceeds will be used to support local organizations and families in need.

### Buckhorn Spring Craft Show

Date and Time: Saturday, May 17 10:00 am - 5:00 pm

Address: 1782 Lakehurst Road

Feature Image:

More than 70 artisans and crafters will be onsite for the annual Buckhorn Spring Craft Show on Victoria Day Weekend at the Buckhorn Community Centre. General admission is \$5 and children 12 and under are admitted free of charge. The show runs from 10am to 5pm on May 17 and 10am to 4pm on May 18. For more information

on, visit [www.buckhorncommunitycentre.com](http://www.buckhorncommunitycentre.com).

## Sunday, May 18, 2025

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### Buckhorn Spring Craft Show

Date and Time: Sunday, May 18 10:00 am - 4:00 pm

Address: 1782 Lakehurst Road

Feature Image:

More than 70 artisans and crafters will be onsite for the annual Buckhorn Spring Craft Show on Victoria Day Weekend at the Buckhorn Community Centre. General admission is \$5 and children 12 and under are admitted free of charge. The show runs from 10am to 5pm on May 17 and 10am to 4pm on May 18. For more information, visit [www.buckhorncommunitycentre.com](http://www.buckhorncommunitycentre.com).

## Tuesday, May 20, 2025

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### Community Care: Bodies in Balance

Date and Time: Tuesday, May 20 10:15 am - 10:45 am

Address: 549 Ennis Road, Ennismore

Strength, conditioning, balance, and gait training exercises that will lead to improved overall balance and stability, reducing the risk of future falling.

### Community Care: Chair Yoga

Date and Time: Tuesday, May 20 11:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability.

### Community Care: Euchre Club - Progressive Drop in

Date and Time: Tuesday, May 20 1:00 pm - 3:00 pm

Address: 549 Ennis Road, Ennismore

## Wednesday, May 21, 2025

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## Chair (and Brain) Yoga at The River Den, Isabel Morris Park, Lakefieldddd

Date and Time: Wednesday, May 21 11:15 am - 12:00 pm

Address: Box 885, Lakefield, ON K0L 2H0

Please join Tracey in this popular chair yoga class at The River Den, Isabel Morris Park, Lakefield. This is a "pay-what-you-can" class - suggested \$5-\$15/class. Space is limited, so please contact Tracey by phone or email to secure your spot.

In this class, Tracey prioritizes the well-being of all participants by incorporating gentle and accessible yoga poses, either while seated or with the support of a chair. Tracey will guide you through movements that promote strength and mobility and encourage mindfulness and relaxation. Each practice is thoughtfully crafted to cater to various levels, ensuring a safe and enjoyable experience. In addition, as a certified Brain Longevity™ Specialist, Tracey will introduce you to "Brain Yoga" and meditation. We will have fun!

This Chair Yoga series aims to provide you with short and easy-to-follow home practices, empowering you to continue your wellness journey in the comfort of your own space. Integrating 5 to 10 minutes of mindful movements into your daily routine will help you maintain and improve your strength, mobility, and overall well-being, promoting a healthier and more vibrant lifestyle.

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**There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.**

## Thursday, May 22, 2025

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### Community Care: Zumba Gold

Date and Time: Thursday, May 22 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

Fun low-impact cardio dance moves designed for older adults

### Community Care: Chair Yoga Dance

Date and Time: Thursday, May 22 10:15 am - 11:15 am

Address: 549 Ennis Road, Ennismore

Uplifting dance inspired yoga class to improve memory, increase flexibility and improve overall balance and coordination. A fun way to tone your muscles and challenge your endurance

### Community Care: Chair Yoga

Date and Time: Thursday, May 22 11:30 am - 12:30 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability

## **Friday, May 23, 2025**

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### **Community Care: Zumba Toning**

Date and Time: Friday, May 23 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

- Enjoy all the fun of Zumba while strengthen and toning arms, legs, glutes, and core. Bring light hand weights

## **Monday, May 26, 2025**

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### **Community Care: Wellness Café – What does a PSW do and how do you find the right one? – presented by Home Care Workers Cooperative**

Date and Time: Monday, May 26 10:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

## **Tuesday, May 27, 2025**

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### **Community Care: Bodies in Balance**

Date and Time: Tuesday, May 27 10:15 am - 10:45 am

Address: 549 Ennis Road, Ennismore

Strength, conditioning, balance, and gait training exercises that will lead to improved overall balance and stability, reducing the risk of future falling.

### **Community Care: Chair Yoga**

Date and Time: Tuesday, May 27 11:00 am - 12:00 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability.

## Community Care: Euchre Club - Progressive Drop in

Date and Time: Tuesday, May 27 1:00 pm - 3:00 pm

Address: 549 Ennis Road, Ennismore

## Wednesday, May 28, 2025

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### Chair (and Brain) Yoga at The River Den, Isabel Morris Park, Lakefieldddd

Date and Time: Wednesday, May 28 11:15 am - 12:00 pm

Address: Box 885, Lakefield, ON K0L 2H0

Please join Tracey in this popular chair yoga class at The River Den, Isabel Morris Park, Lakefield. This is a "pay-what-you-can" class - suggested \$5-\$15/class. Space is limited, so please contact Tracey by phone or email to secure your spot.

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**There is no age requirement for this class. It is open to all and suitable for anyone wanting to introduce and maintain daily movement.**

## Thursday, May 29, 2025

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### Community Care: Zumba Gold

Date and Time: Thursday, May 29 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

Fun low-impact cardio dance moves designed for older adults

## Community Care: Chair Yoga Dance

Date and Time: Thursday, May 29 10:15 am - 11:15 am

Address: 549 Ennis Road, Ennismore

Uplifting dance inspired yoga class to improve memory, increase flexibility and improve overall balance and coordination. A fun way to tone your muscles and challenge your endurance

## Community Care: Chair Yoga

Date and Time: Thursday, May 29 11:30 am - 12:30 pm

Address: 549 Ennis Road, Ennismore

Gentle stretch, strengthen and balance poses to improve strength, range of motion and overall balance & stability

## Desperate to be Doris

Date and Time: Thursday, May 29 8:00 pm

Address: 2300 Pigeon Lake Road

Feature Image:

***Depserate to be Doris* by Sue Ryding & Maggie Fox - Canadian Premiere**

Dean spends his days working at a mail-order pajama company, but at night he's a legend in his living room, singing like the great Doris Day. When his operatic society decides to stage *Calamity Jane*, Dean wonders if this could be his moment to truly shine. With the backdrop of some of Doris Day's greatest hits, this comedy is a humorous tale of self-discovery, courage, and the power of following your dreams.

## Friday, May 30, 2025

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## Community Care: Zumba Toning

Date and Time: Friday, May 30 9:00 am - 10:00 am

Address: 507 Ennis Road, Ennismore: Ennismore Heritage Art Space Centre

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## Desperate to be Doris

Date and Time: Friday, May 30 8:00 pm

Address: 2300 Pigeon Lake Road

Feature Image:

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**Saturday, May 31, 2025**

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**Desperate to be Doris**

Date and Time: Saturday, May 31 2:00 pm

Address: 2300 Pigeon Lake Road

Feature Image:

***Depserate to be Doris by Sue Ryding & Maggie Fox - Canadian Premiere***

Dean spends his days working at a mail-order pajama company, but at night he's a legend in his living room, singing like the great Doris Day. When his operatic society decides to stage *Calamity Jane*, Dean wonders if this could be his moment to truly shine. With the backdrop of some of Doris Day's greatest hits, this comedy is a humorous tale of self-discovery, courage, and the power of following your dreams.

**Desperate to be Doris**

Date and Time: Saturday, May 31 8:00 pm

Address: 2300 Pigeon Lake Road

Feature Image:

***Depserate to be Doris by Sue Ryding & Maggie Fox - Canadian Premiere***

Dean spends his days working at a mail-order pajama company, but at night he's a legend in his living room, singing like the great Doris Day. When his operatic society decides to stage *Calamity Jane*, Dean wonders if this could be his moment to truly shine. With the backdrop of some of Doris Day's greatest hits, this comedy is a humorous tale of self-discovery, courage, and the power of following your dreams.

<https://events.selwyntownship.ca>